

FAMILY GLOBAL HEALTH AND WELL-BEING

(Family Functioning)

Family Name _____ Date _____ Chart # _____

This scale asks you to indicate how you feel about your family **at this point in time**. This will better enable us to help your child with his or her developmental needs.

REMEMBER, there are no right or wrong answers. Please give your honest feelings.

How do you feel in the following areas: Serious Problem Poor Adequate Good Excellent

1. Our physical health	1	2	3	4	5
2. Our emotional and psychological health	1	2	3	4	5
3. Handling most of our financial obligations	1	2	3	4	5
4. Having enough toys and books at home	1	2	3	4	5
5. Availability /use of child care, preschool services, after school & summer play (circle)	1	2	3	4	5
6. Church and religion	1	2	3	4	5
7. Family fun, social, and recreational activities	1	2	3	4	5
8. Community services available for our child	1	2	3	4	5
9. Help from family doctor or pediatrician (if you have one)	1	2	3	4	5
10. Availability of basic material needs of living (food, housing, income, utilities)	1	2	3	4	5
11. Our ability to deal with day-to-day demands and hassles	1	2	3	4	5
12. Ability to deal with our child's delay or behavior	1	2	3	4	5
13. Discussing problems and reaching solutions	1	2	3	4	5
14. Being able to stay in control	1	2	3	4	5
15. Making sense in a meaningful way out of what happens to us	1	2	3	4	5
16. Accepting and understanding our child's condition	1	2	3	4	5
17. Handling family arguments, power struggles, and disagreements	1	2	3	4	5

<i>(Scale continued)</i>	Serious Problem	Poor	Adequate	Good	Excellent
18. Discussing and sharing problems together	1	2	3	4	5
19. Our ability to handle & cope with stressful situations	1	2	3	4	5
20. Support of relatives and kin	1	2	3	4	5
21. Supporting each other during difficult times	1	2	3	4	5
22. Quality & availability of friends and neighbors	1	2	3	4	5
23. Support of spouse/partner	1	2	3	4	5
24. Time spent playing and reading to our children	1	2	3	4	5
25. Spending time together	1	2	3	4	5
26. Getting along with each other	1	2	3	4	5
27. Satisfaction with marriage	1	2	3	4	5
28. Overall family mood and atmosphere	1	2	3	4	5
29. Division of family jobs, chores, or responsibilities	1	2	3	4	5
30. Expressing affection and feelings	1	2	3	4	5
31. Sharing of discipline	1	2	3	4	5
32. Controlling our anger-without putting others down	1	2	3	4	5
33. Respect for rules and authority	1	2	3	4	5
34. Family's sense of worth and esteem	1	2	3	4	5
35. Siblings' behavior and needs fulfillment	1	2	3	4	5
36. Support from other parents of special needs children	1	2	3	4	5
37. Availability to meet with teacher/school personnel	1	2	3	4	5
38. School placement satisfaction (services meeting child's needs)	1	2	3	4	5
39. Special needs child's attendance at school	1	2	3	4	5
40. Setting aside time for myself	1	2	3	4	5